Yogurt Marinade

(chicken, fish, pork)

1/4 cup of plain yogurt
2 tablespoons of limejuice
2 teaspoons of olive oil
2 teaspoons of minced garlic
1 1/2 teaspoons of ground cumin
1/2 teaspoon of salt

Blend ingredients and place meat in the marinade. Cover and wait at least 15 minutes before cooking or up to 8 hours. Meat should be broiled in the oven on a rack for about 4 minutes per side or until done.